

**APRIL 18-19, 2017** 

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## The SED Waiver Overview A Brief Exploration of HCBS Services

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### Acronyms

- SED: Serious Emotional Disturbance
- HCBS: Home and Community Based Services
- CMHC: Community Mental Health Center
- KADS: Kansas Department for Aging and Disability Services
- CMS: Centers for Medicare & Medicaid Services

# SED Waiver Program Eligibility Requirements

- Determined at the local CMHC by a qualified mental health professional.
- Based on the child's income, determined by the Kansas Department of Health and Environment (KanCare Clearing House).

#### What is the SED Waiver?

 Services provided under the SED Waiver are for children between 4-18 years of age who experience serious emotional disturbance and who are at risk of inpatient psychiatric treatment. SED Waiver services provide children with special intensive support so they may remain in their homes and communities. Parents and children are actively involved in planning for all services.

#### What is the SED Waiver?

- The SED Waiver is a federal Medicaid waiver program. Local Community Mental Health Centers provide services covered by the program.
- Children who meet eligibility requirements will receive a medical card and are eligible for Medicaid physical and behavioral health services.

#### What are the Services?

- In addition to traditional Mental Health Services (Outpatient Therapy and Medication Management, for example) and State Plan Medicaid Services (Targeted Case Management and Community Psychiatric Support and Treatment, for example), SED Waiver members can access an additional six (6) services not otherwise available:
- Wrap around Facilitation
- Parent Support, Education and Training
- Independent Living/Skills Building
- Attendant Care
- Professional Resource Family Care
- Short Term Respite Care



#### What are the Services?

- Wraparound Facilitator: A person who works with the family and their identified supports to set treatment goals and decide on services for the child and family.
- Parent Support and Training: Services designed to provide education, assistance, and other support to parents and families.
- Independent Living Skills Building: Staff supported development of the skills needed in order to live independently.
- Attendant Care: A staff person who helps the child with daily tasks.
- Professional Resource Family Care (Crisis Stabilization): Intensive support services provided to the child outside the home in a safe environment.
- Short Term Respite Care: A service given inside or outside the home to provide caregivers and the child a break from their normal routines.

### How do I access SED Waiver services?

 If you believe your child would benefit from the services provided by the SED Waiver, your local Community Mental Health Center can assist you in accessing these services.

#### SED Waiver Current Status

- Currently operating via extensions from the previously approved waiver.
- KDADS and CMS have been working closely together to reach an agreeable waiver.
- Projected to be approved soon.

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